How Can I Be

Prepared?

Training is given in

these areas to

increase mentor skills

through:

- Listening and Communication
- Storytelling
- Role-playing



How Can I Help? Hundreds of people cross our lives everyday with deep emotional needs. We cannot meet them all, yet you are given the opportunity to change the life of one completely. Sign-up, commit to mentor. Change forever one life-the life of a child who needs you.

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GAMECHANGERS!

-An Ophelia Project Meaningful Mentors Matter

SIGN-UPS STARTING NOW!



TEAM TISON AND <u>YOU</u>-Making Safe Relationships



Why Be a Mentor:

Purpose-

The purpose of becoming a mentor is to create a safe relationship for a child affected by adverse conditions to give them the tools and strategies to help create a healthy social climate at home, school, and their commity.

Who Can Be a Mentor?

People best suited to be mentors are those who are experienced and can form a relationship by showing strong character in five areas:

- 1. Responsibility
- 2. Social empathy and caring
- 3. Listening
- 4. Leadership
- 5. Creativity

WHERE AND HOW OFTEN DO YOU MEET?

Mentors meet students at school at least once every two weeks for a commitment of one year to establish stability for the student and the relationship.

WHAT DO YOU DO?

The most important task any mentor does is to be a friend.

Schools can provide counselors, experts, therapists, or advisors, but they cannot construct or substitute for a child having a caring, wise presence in their life. Unconditional, positive regard is irreplaceable, yet for many students it is the one thing they cannot find. You can be the "game changer". You can listen and care.

You can be that mentor.



HOW CAN YOU IMPACT?

Help others feel safe with an adult who cares `

Promote positive social attitudes and relationships

Gain better attendance

Increase positive behaviors

